

### **Abstract of th Disclosure**

5           A universal mounting mechanism for holding objects, such as electrical, medical, optical or audio/visual components needing secure physical connection to another surface in such a way that the mounted object can be easily and quickly installed and removed. It locks the object by providing surfaces on three planes that firmly engage the object so it does not move during transportation or  
10 when mounted on a fixed surface. It is low in profile so it does not obstruct the use of the items being held. The mount has no loose parts that can be lost during installation or removal of the mounted objects. Furthermore, the mount has the added feature of locking into either the open or closed position. Because the range of motion is limited, the top of the mount will not move into a position  
15 where it could be damaged or obstruct the use of adjacently mounted items.